



Hiking/ Activity Level Scale

Very Easy (1) _

- young and elderly both can enjoy
- someone in fair hiking condition
- trails are generally in good condition
- very little elevation gain

Easy (2) _ _

- someone in fair hiking condition
- trails are generally in good condition
- increased mileage
- some elevation gains

Moderate (3) _ _ _

- someone in good hiking condition
- trails are mostly in good condition
- increased mileage
- moderate elevation gain

Moderate „Plus“ (3.5) _ _ _ 1/2

- someone in good hiking condition
- trails are not always in good condition
- increased mileage
- a few trails have significant increase in elevation gain

Challenging (4) _ _ _ _

- someone in very good hiking condition
- trails are not always in good condition
- significant increase in mileage
- increase in elevation gain

Difficult (5) _ _ _ _ _

- someone in excellent hiking condition
- trails are not always in good condition
- significant increase in mileage
- significant increase in elevation gain